

# Chelmsford Lions 5k & Kids Mile



Saturday April 23rd, 10:00 AM  
 McCarthy Middle School, Chelmsford, MA  
[www.onyourmarxrunning.com](http://www.onyourmarxrunning.com)

Please mail application to:  
**Marx Running & Fitness Center**  
 423C Great Rd.  
 Acton, MA 01720

Please make checks payable to:  
**Lions 5k c/o Marx Running & Fitness Center**  
 (Mile: \$10.00 | 5k: \$30.00)

|             |                        |                               |                     |
|-------------|------------------------|-------------------------------|---------------------|
| First Name: |                        |                               |                     |
| Last Name:  |                        |                               |                     |
| Gender:     | MALE                   | FEMALE                        | (please circle one) |
| Age:        | (your age on race day) |                               |                     |
| Birthday:   |                        |                               |                     |
| Address:    |                        |                               |                     |
| City:       |                        | <b>Category (Circle One):</b> |                     |
| State:      |                        | <b>Kids Mile</b>              | <b>5k</b>           |
| Zip Code:   |                        | <b>\$10</b>                   | <b>\$30</b>         |
| Phone:      |                        |                               |                     |
| E-mail:     |                        |                               |                     |

**RELEASE and WAIVER:** I know that participating in running events is a potentially hazardous activity. I should not enter and compete unless I am medically able and properly trained. I also know that there will be traffic on the course route (including and not limited to motor vehicles) and I assume the risk of competing in such traffic. I also assume any and all risks associated with competing in this event including, but not limited to falls, contact with other participants or vehicles, the affects of the weather, including high heat and/or humidity and extreme cold and wind, and the variable conditions of the water, roads, and highways, all such risks being known and appreciated by me. Knowing these facts, and in consideration of you accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release, and discharge the event organizer(s), volunteers, Sponsors or anyone acting on their behalf, of any and all claims or liability for death, personal injury or property damage of any kind or nature whatsoever arising out of, or in the course of my participation in the event. This Release and Waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. I, the undersigned, understand the event organizer has the right to shorten or even cancel the event if, in his or her judgment, environmental conditions become dangerous. No refunds will be given. The event director reserves the right to reject any entry.

Signature: (if applicant is <18,  
 parent/guardian signature required)

Date: